

The Rotherwick News

September/October 2021

Volume 33 Edition 9



And who grew the tallest sunflower?
Turn to page 11 to find out.

Absolutely Agnes...

As Agnes sits down to write, the September sun is beating down upon Rotherwick, making Agnes lament her choice of woolly tights and smart new season sweater....She shall radiate so much, that the people of Newnham will wonder what the strange glow over Rotherwick is!

Speaking of bright lights, Agnes found herself missing the sleepy streets of Rothers on her recent trip to Northumberland....

Oh, how the excitement of a village shop soon lost its appeal once Agnes realised that she would be subject to a 3am wakeup call....every morning!

Yes, having the option of fresh bread & the newspapers seemed at first terribly civilised...not so however, when Agnes understood the racket this would involve, as doors slammed & engines were left to run in the wee small hours, disturbing her beauty sleep most rudely.

You can keep your conveniences thank you very much, it's the quiet life of RothVegas for me!

According to the poem by Sara Coleridge (1802-1852)

'Warm September brings the fruit, Sportsmen then begin to shoot'

Agnes is all for dashing sportsmen and country pursuits, however she will quite happily provide safe refuge for any creatures seeking safety in her garden – except for rats, whom I'm afraid are the most unwelcome visitors and therefore fair game.

Before we know it, October will be upon us, the fires will be lit, crumble will be perfectly acceptable for breakfast & Agnes' wine will mostly be red!

But for now, Agnes is off to swap her winter woollies for a kaftan...there might still be time for a little wafting around with a glass of gin in hand!

Enjoy the beginning of Autumn dear friends & neighbours.

Warmest wishes

Agnes



PS. If you would like to see more of what Agnes is up to, do follow her village adventures:

Instagram: [absolutely_agnes](#)

Facebook: [absolutelyagnes](#)

Dear Reader,

Having appealed to you last month for donations to augment our financial resources, we are very pleased, this month, to be able to thank those of you who have so very kindly made a donation. It is heartening for two reasons, the first is that the magazine is clearly being read (one never really knows!) and the second is that you feel it is worth it!

A huge aspect of running the magazine is making sure the bank balance remains healthy. If you are a reader who hasn't donated we would be enormously grateful if you would give it consideration. We are reliant on advertising revenue for income only which does not cover costs. We have been awarded a small County Councillor grant but again, not enough to cover costs .

We, the Editors and the writing group endeavour each month to bring you a full, colourful and interesting magazine and your support makes it all the more worthwhile .

THANK YOU .

Amanda, Jenny and Sue

For donations with a suggested amount of £10, the Rotherwick News bank details are:

Acc No. 43394811. Sort Code 090666

Acc name is, The Rotherwick News

The Bank is Santander.

TREES OF NOTE IN OUR VILLAGE



With several fairly recent newcomers to Rotherwick, we have gained many keen walkers and more cyclists (including MAMILs – no offence intended!!) amongst our inhabitants. Whilst walking or cycling around the village and its surrounds, many of you may have noticed some of the beautiful trees we are fortunate enough to enjoy here. Previous resident David Miles, who had served as our tree warden over the years, often wrote for the Rotherwick News, and in 1996 he listed eight trees around the village that were of particular interest. I'm sure he wouldn't mind me re-listing these, so that more of us are able to spot them.

Starting at Lyde Green, there is a Red Oak (*Northern Red Oak*, *Quercus rubra*), a species brought from the USA. This tree was planted by then-resident, Mr. Ernie Povey of the Street, to celebrate the Silver Jubilee of King George V in 1935.

One of only three native conifers found in Britain, a small group of Scots Pine (*Pinus sylvestris*), can be found in the playing field. The other two natives are the Yew (*Taxus baccata*) and the Juniper (*Juniperus communis*).

A Common Lime (*Tilia x europaea*) standing by the Pavilion was described as a "fine specimen" of the species, with two more guarding the gates to the Church. It was suggested we listen to them on a hot day in high summer, for the humming and buzzing of bees and hoverflies which are attracted in swarms to the highly-scented flowers.

Another non-native tree, from the west coast of the USA, where it can reach a height of 100 metres or more, is the Wellingtonia Redwood (*Sequoiadendron giganteum*), which stands at the top end of The Street, and is probably the tallest tree in Rotherwick.

At the rear of the churchyard stands a fine tree originating in Mississippi, USA. The Swamp Cypress (*Taxodium distichum*), is sometimes referred to as the Bald Cypress, as it loses its needles in winter. It is one of the few deciduous conifers grown in Britain, and has nice autumn colour.

Perfectly placed opposite the School is an excellent Horse Chestnut (*Aesculus hippocastanum*). After producing its large spikes of white, pink-tinged flowers during May, these develop into round, spiky green husks containing its well-known shiny, brown conkers, which fall in autumn.

Halfway along the Street, on the south side, can be seen a nice White Weeping Willow (*Salix alba*). Lastly, moving along to the beginning of Wedman's Lane, on the right side stands an Oak tree of more than 100 years old. At the time of the original article identification was uncertain, but I believe it to be *Quercus petraea* (Sessile Oak) which, unlike the pedunculate oak, has stalkless acorns, straighter branches and a more upright trunk. The two species can also hybridise.

A later, 2004 article by David Miles listed commemorative tree plantings around the village and these are shown below, so if you haven't already spotted some of these trees, you will hopefully now be able to track them down next time you are out and about.

LinHumble

(Thanks Lin, I'm sure many of us will looking these out as we walk around the village).



1937	Coronation King	Red Oak	...	Lyde Green Common
	George VI	...		
1937	Ditto	Maple (<i>Acer</i>)	...	Lampards Close
1977	The Queen's Silver	Lime (<i>Tilia</i>)	...	Opp The Ricks
	Jubilee	...		
1977	Ditto	Copper Beech		Village Hall, planted
		(<i>Fagus Sylvatica</i>		by W.I.
		f. <i>purpurea</i>)	...	
Abt	1st prize Best kept	Group of small		Village Hall grounds,
1985	village comp.	trees	...	west boundary
1990	75th anniv. Wom-	Copper Beech	...	Village Hall
	en's Institute	...		
2000	Millenium	Yew	...	Churchyard
2000	Ditto	Group of small		Copse, Playing field
		trees	...	s.side. Grown &
				planted by White-
				water Sch
2002	The Queen's Gold-	Golden Beech	...	Opp. The Falcon
	en Jubilee	(<i>Fagus Sylvatica</i>)		

Old Friends

I am no good with social media, so much so that despite being 'on Facebook' (and I didn't 'do' that, my daughter Katie now famed for her part in the 'let's photograph the Ant and Dec wedding for The Rotherwick News, put up my profile).

When an old friend of mine from my college days tried to contact me through Facebook, I failed to respond so she resorted to finding me through my other daughter Kirsty (not yet famed for anything to do with this mag but this article is a start!). It was pure guesswork on the part of my friend that Kirsty was my daughter, same surname and spectacular good looks (my friend's words and I'm telling it like it is !!). They had a bit of a chat on social media, and hey presto, my friend and I were reacquainted. The bonus to this is, that so good is my friend's detective work she had also found another chum from college, so we are three, which is very apt since we attended Trinity College of Music!

Twenty four years ago the 3 of us, Cora, Andrew and myself began our musical training together with the odd pub visit (possibly more pub than training!). We were the best of friends and saw each other through all that four years of college would bring. We embraced all the most up to date methods of learning about music, finding our inner musician/ performer in all sorts of weird and wonderful ways. We encouraged one another, learnt from one another, competed against one another for the starring role in everything and of course succeeded in that, only in the last year, as happens at all educational establishments, you get your big moment in the final year once they have dragooned it into you how to do it well. Best of all we laughed and laughed and laughed, we had the best time.

Oddly, at the end of the four years we went our separate ways and very stupidly lost touch. At that time none of us had a mobile phone and we were so used to being together it hadn't really occurred to us that we would then have to make an effort to stay in touch by phone (landline) or by writing letters. We realise now that staying in touch would have meant we were still encouraging and supporting one another through all the other stages of our lives- career choices, partner choices, the shock of brand new baby choices and all the other things life throws at you. We possibly could have done it all so much better together.

We had been so good for one another for four years what on earth were we thinking ... clearly we weren't!

Nonetheless we are back! And wonderful it is too ... 24 years have melted away (if only that were true of the lines on my face and the tyre round my middle!) we are just the same but so much to catch up on.

Cora is in Ireland so we are planning a trip next year but Andrew and I can meet up since we live not far from one another and plan to re-visit our old haunts, happily just round the corner from Selfridges on Oxford Street (a favourite trip of mine is to try on all the perfume and examine every variation of nude lipstick in SelfridgesI did it then and I still do it nowsome things never change!).

As we chat over old times, I am fascinated to hear about myself through their eyes. What was going on in my head (endless self doubt) and what they saw (an able musician with endless possibilities) makes me wish I had vocalised the self-doubt instead of just carrying it my head, it certainly coloured how I presented myself. If I had talked about my uncertainty, as young people are certainly encouraged to do now, perhaps I could have put it into perspective and understood that they were as uncertain as me. We would have continued to encourage one another, had a go at whatever came our way, hoped for the best, coped with the worst and just got on with it! Losing touch meant we lost our support network, if only we had known! Good friends are wonderful and I'm so glad mine found me again.

AP



A Hidden Gem in Our Midst

Andwell Brewery



Nestled away down Andwell Lane off the A30, Andwell Brewery is well worth a visit. Not just a brewery, there is also The Brewhouse, open most days from 10am, which serves great coffee and delicious cakes as well as a simple lunch menu. It goes without saying that you can also sample the beers brewed on site or if wine or spirits are your preferred tipple they are also available. The café bar is light and airy with plenty of outside seating, some of which is on a terrace over a lovely crystal clear stream.



If you want to make a night of it, there are regular guest street food caterers on a Friday evening from 5pm. I thoroughly enjoyed my Caribbean experience and am very tempted by the Lebanese or Pizza evening coming up shortly.

The small shop adjoining The Brewhouse sells a variety of beers brewed on site, Gold Muddler is a favourite in our house. For true beer fans, brewery tours are available to book.

If you fancy trying a different local venue, why not give it a go. Other Rotherwickians have been spotted there!

If you know of any other hidden local gems that other villagers may be interested in, why not do a quick write up and send it to us at The Rotherwick News.



***** Exciting, limited time discount offer *****

When I asked the lovely people at Andwell if I could use some of the photos on their website for this article they also offered the following discount for the good people of Rotherwick!!

Visit before 8th October and show your copy of The Rotherwick News for a one off 10% discount in the Andwell Brewery shop.



Andwell Brewing Co,

Andwell, Hook RG27 9PA

Marion Robak

Fab offer—thank you Marion!

Get Gardening

Congratulations to Judy and Nigel Butler for growing the tallest sunflower (263cm), planted with their grand daughter.

Mine is well and truly over and will now be left to the birds. I may keep some seeds and try growing some more next year.

I always think of September as being the month to tidy up and get things in order but this year everything seemed to bloom later so I shall have to restrain myself from cutting back some plants that have got a lot bigger than anticipated, such as a dwarf buddleia bought a couple of years ago. It's grown over twice its size covering the plants nearby so may well find itself severely pruned early and moved if it grows any bigger! It must have liked the summer we've had. However I've had a disaster with my tomatoes which a month ago looked to be thriving but have ended up with blight. If only I'd known earlier that apparently baking soda in warm water can help kill the blight if caught early.



<https://www.gardenersworld.com/how-to/solve-problems/tomato-blight/>

There have been other plants that have benefitted from this summer's weather, we've had an abundance of roses, the kale which I replanted after it was practically washed away earlier in the year has thrived as has the late lettuce and rhubarb. According to some, rhubarb is a vegetable, even so it makes it makes a delicious crumble – mind you any crumble is delicious in my book! Apparently, the Chinese use it as a laxative and many years ago it was more expensive than opium! I was amazed to find that a well looked after rhubarb plant can last for up to 60 years, it may need dividing after 20 years but even so that's pretty good going! By the way, if you don't like to eat rhubarb why not try a Rhubarb Fizz cocktail (bakedtree.com)! This year I've had too many ruined vegetables due to the wet so am planning to move my modest vegetable garden to somewhere where it won't end up becoming more of a pond than a bed! To get some ideas on how to start from scratch I found a really good website, www.sarahraven.com. Raised beds seem to be the way to go as they are said to help prevent slugs and if I can fill them with some decent soil and they might even be easier to weed. A good tip I found in The Times was to photograph the seed packets, since they either fade or are lost. The Sarah Raven website offers lots of good ideas on starting a vegetable garden - worth reading, even if you've one already.

Pet Perspective: It's a Dog's Life

Recently I've felt a bit down about the summer coming to an end. What summer I hear you say? Well yes, we didn't have much heat or sunshine this year, not consistently. My owners' tomatoes look terribly sad and green.

I have a bucket full of water in my garden - a trug if you will - which is just large enough for me to hop into on a hot day to cool down. But I'm not here to complain about the weather or my poor bathing facilities; we dogs love being outside no matter what. I do have some complaints on my recent home situation however, with a baby-turning-toddler starting to interfere with the good life. The 'twist and pull' move with her little hands on my soft fluffy leg hairs, the pincer-like pinching at my eyes, the gurgles of happiness when she gets a whisker, the dipping of hands in my water bowl. It is not a free for all. Sure I get certain benefits, the food from her meals dropped down to the floor being the main one. But hear this:

My primary irritation is her attempts to get my sticks. I am not a dog that plays with others once my mind is focussed on the task at hand. Stick throwing is a game for me and me alone. I have never welcomed another player, except the human throwing for me. And frankly sometimes I really have to badger them to do that.

I understand teething is an uncomfortable process for small people, I remember it only too well myself and I certainly left my mark (on the skirting board of my owners' kitchen) but is a dog's stick the best solution for an 11 month old human? *Sighs*. Apparently, it is.

As if there weren't enough sticks in the wood for us to each have our own...

1998 The Ginger Pig

School holidays are over and boy did we try and pack in as much as possible. Like everyone else probably did as well. The country as a whole was slowly opening up again or trying very hard where it was allowed to return to a normality that we all recognised as normal.

For us we had one planned week away, it involved a water mill in Shropshire, plenty of castles and a mummified cat. I'm sure I will write about this in the future.

We also managed a birthday weekend to Somerset with a massive climb up to the Glastonbury Tor and fossil hunting in Charmouth. We had a go at magnet fishing down a well. Didn't find anything but how exciting is magnet fishing down a well?

We walked along the River Whitewater, at the Whitewater country park! I know, the Whitewater Country Park, where is this I hear you all shout.

If you leave the village and head to Hook, turn left at the roundabout that would take you to Hartley Wintney and then turn left up Papermill Avenue just before the Crooked Billet. Small car park at the top of the road on the right.

This is a lovely walk that takes you in a circular route around the meadow but you can change direction across mown paths or you can walk up along the river. We obviously let the dogs play in the river along with a certain young man in his wellies. We pretty much had it to ourselves but we did see a few other people also enjoying the space.

So as well as the river Whitewater we have also spent a lot of time kayaking on the Basingstoke canal. Earlier in the summer we bought a couple of inflatable kayaks (entry level ones) and spent some of our evenings and weekends paddling along our local stretch. Over several different trips completing a mile or more each time. We eventually kayaked from King Johns Castle to Winchfield and back. It's a peaceful low impact way of staying fit and healthy as well as seeing the countryside from a different perspective.



One activity we managed to have another go at was some archaeology, this time in Winchester. Hyde 900 to be exact. We took part along with plenty of other people over a weekend digging 10cm spits in some gardens where the original Hyde Abbey in Winchester used to be. During our 2 hour session, we managed to dig down 30cm in 10cm levels. Archaeologists do this in levels so they can then sieve through every bucket of soil identifying items that are usually easy to identify by years/time. We were obviously in the top layers and these layers get mixed up.

They get mixed and churned together over the decades and centuries by regular people just gardening etc. In our pit/trench of approx 1mtr x 2mtr we found, you guessed it, stones, bits of brick, cement and a Thru-penny bit. Plus a piece of worked stone, possibly from the abbey and several pieces of pottery. By the end of the weekend our trench which ended up being a meter deep had uncovered the robbed out wall of the south transept of the abbey.

Not content with archaeology in a Winchester garden in King Alfred Terrace, we soon found ourselves on a train into London to have another go at mudlarking. Now if you haven't read May/ June 2021 volume 33 edition 5, I suggest you grab a copy for a quick 101 mudlarking for dummies. Now this time we tried the north shore, low tide was at 12.30 and we were already on the foreshore just to the right of the millennium bridge. Now this is an eyes only part of the foreshore and you still need a permit from the PLA unless you are on a guided tour. Eyes only means exactly that, no digging no scrapping just eyes. We were hoping to find a 17th century Bellarmine jug also known as a Bartmann jug. They are German and have a really cool bearded face on them. We've found pieces before, but never the face or a complete jug.

This trip was to prove no different, we still haven't found one. But we did find some tessera (roman mosaic tile) another cow horn from a few hundred years ago, a flint stone that looks like a cat and our first few Tudor pins. These are handmade pins and were used to pin together the elaborate ruffs that the Tudors so loved wearing around their necks.

All of the finds and us finding them can be seen if you visit Ev's Historical World on YouTube.



Now while we are in London and as we know it is full to bursting in history, so our very own historian had a few places he wanted to visit. These were the church St Magnus the Martyr as they have a fantastic model of London Bridge inside as it looked in the 16th century. The church was closed so onto The Old Kings Head, Southwark as they have a great big painting of the bridge. No time for drinks as

we had to quickly head on to The George Inn, Southwark. Now for those of you who haven't been before or even heard of it, it's the only galleried pub in London. Shakespeare has drunk there as well as Charles Dickens, and it's now owned by The National Trust.

Having had a drink, we headed over the road to Borough market for some food. Now in the market there is something for everyone, once we had paid homage to The Globe pub, home of Bridget Jones we started to peruse the various food offerings. Scents, smells and sounds and mum had chosen Japanese rice bowl, Ev went for Greek gyros and I went for something very special. A sausage roll from the Ginger Pig.

Nothing wrong with every other sausage roll on the market but these are special, well worth the queuing.



Ramblings of Rotherwick

A decorative border on the left side of the page. It features a central calendar for the month of September, surrounded by various autumn leaves in shades of red, orange, and yellow. The word "september" is written in a cursive font at the top of the calendar.

POEM OF THE MONTH

Helen Hunt Jackson

A decorative border on the right side of the page, identical to the one on the left. It features a central calendar for the month of September, surrounded by various autumn leaves in shades of red, orange, and yellow. The word "september" is written in a cursive font at the top of the calendar.

The golden-rod is yellow;
The corn is turning brown;
The trees in apple orchards
With fruit are bending down..

The gentian's bluest fringes
Are curling in the sun;
In dusty pods the milkweed
Its hidden silk has spun.
The sedges flaunt their harvest,
In every meadow nook;
And asters by the brook-side
Make asters in the brook,

From dewy lanes at morning
The grapes' sweet odors rise;
At noon the roads all flutter
With yellow butterflies.
The sedges flaunt their harvest,

By all these lovely tokens
September days are here,
With summer's best of weather,
And autumn's best of cheer.
But none of all this beauty
Which floods the earth and air
Is unto me the secret
Which makes September fair.

Tis a thing which I remember;
To name it thrills me yet:
One day of one September
I never can forget.

ROTHERWICK CHRISTMAS TREE TRAIL 2021



Dear villagers,

The village hall committee are excited to launch our very own Rotherwick Christmas Tree Trail this year!

The idea is to have some fun, lift our Christmas spirits and make some happy memories from 2021!!

More details to follow but you will be able to choose to be part of the trail and decorate a tree (one per household) and display it at the front of your house OR just buy a map and walk the trail during late November/December.

You can decorate your tree however you like...what brings you joy? What fills you with happiness? What is your favourite hobby, book, or song? Just get creative and decorate your tree with plenty of fairy lights!

LET'S LIGHT UP ROTHERWICK!!

You can buy your own tree or we will have a supplier- details to follow.

Proceeds from the sale/donations of the maps will be for charity and will support the funds for the new Scout Hut!

More details to follow in next month's Rotherwick News but in the meantime, get your creative hats on and start planning your themed tree!! The more households who take part, the more spectacular the village will look!

Oh no it won't...OH YES IT WILL!!!

Sunflower photos



If the skies outside are grey today as you are reading this then I'm sure you will agree that these photos sent in of just a few of the sunflowers around the village will lift your spirits and take you back to the sunny days of summer (not many this year I admit!).





A book from the box



Between life and death there is a library, and within that library, the shelves go on forever. Every book provides a chance to try another life you could have lived. To see how things would be if you had made other choices . . . Would you have done anything different, if you had the chance to undo your regrets?

When Nora Seed finds herself in the Midnight Library, she has a chance to make things right. Up until now, her life has been full of misery and regret. She feels she has let everyone down, including herself.

But things are about to change.

The books in the Midnight Library enable Nora to live as if she had done things differently. With the help of an old friend, she can now undo every one of her regrets as she tries to work out her perfect life. But things aren't always what she imagined they'd be, and soon her choices place the library and herself in extreme danger.

Before time runs out, she must answer the ultimate question: what is the best way to live?

An easy and enjoyable read—much lighter and optimistic than it sounds. Makes you think!

Overheard at the bus stop



"It's never a good idea to keep both feet firmly on the ground – you'll have trouble putting on your pants!"

Lisa's Recipe of the Month...

Pesto Chicken

Simple and delicious



Serves 4

Ingredients

4 chicken breasts
4 tsp pesto
1 ball mozzarella cheese
2 tomatoes

Method

1. Preheat oven to 180C (fan 160C).
2. Pan fry chicken breasts in a little butter, to seal. Remove from pan and place in a shallow ovenproof dish.
3. Spread 1 tsp of pesto on each chicken breast.
4. Drain and slice mozzarella. Place mozzarella on top of pesto.
5. Slice the tomatoes and place on top of mozzarella. Season with salt and pepper.
6. Bake in oven for about 25 mins until the cheese is bubbling.

I serve this with a mixed leaf salad and new potatoes tossed in a little butter and whole grain mustard.



Your Wellbeing Matters



September is self-awareness month, which means that we all have a whole month devoted to ourselves. Self-awareness is vital for mental health and wellbeing, for when we know, truly know, who we are, we can shape our life.

How To Increase Your Self-Awareness

Three key questions can help us increase our self-awareness:

- Who am I?
- What do I want?
- How do I want to be in my life?

Reflecting on these questions will lead you to new insights about yourself. As you reflect on these, perhaps in a journal dedicated to your self-awareness, pay attention to

- Labels your slapping on yourself
- Negative thoughts and beliefs you have about who you are
- Your personal values—what's important to you
- Your unique character strengths
- What you're doing well and what you want more of
- What changes you want to make
- Your immediate goals
- Your life goals

Give yourself the attention you deserve. When you do, you'll be equipped to create the person you want to be and create the life you want to have. Observing self-awareness month allows us all to determine who we are, what we want, and then create a life of mental health and wellbeing, a life worth living.

Rotherwick Tennis Club

Back in July after days of summer storms, howling gales and torrential rain, the day of the Rotherwick Tennis Club Tournament and BBQ dawned.

10 of the Tennis Club members (ranging in age from 11 to um around 70ish?!) brushed off their racquets to take part in the tennis event of the year, well in the Tennis Club's diary anyway.

We had a really enjoyable afternoon using John Platt's tried and tested complex algorithm, which ensured a fair mixing of ability and partners to make it a really interesting tournament. Despite a couple of sprinkles of cooling rain the spectators who came to give their support could enjoy watching some great matches.

The eventual winners of the 2021 tournament were Eliza Burridge and John Platt. Congratulations to the both of them. Special mention goes to Charlie Burridge who at 11 took on all of the other competitors with great ability and spirit – one to watch in future years.



That evening, joined by other club members we enjoyed a barbecue. After nearly 20 years of hosting it was time for the Platts to retire and we hosted. Everyone kindly helped out and after a heavy shower under shelter (apart from my husband at the barbecue!) we enjoyed a lovely sunny evening with lots of food, drink and great company.

If you would like to join our tennis club please email me mariajwills@sky.com for membership details.

Whitewater Health Patients Participation Group (PPG) October 2021

Update on GDPR

There has been a lot of confusion in the media about the recently announced plan – called the [General Practice Data for Planning and Research](https://digital.nhs.uk/data-and-information/data-collections-and-data-sets/data-collections/general-practice-data-for-planning-and-research) (<https://digital.nhs.uk/data-and-information/data-collections-and-data-sets/data-collections/general-practice-data-for-planning-and-research>) (GDPR) – to add GP patient records to all of the other medical data.

NHS Digital's plans for making health data available for research are not new. NHS Digital has been collecting health data (including GP data) and enabling access by approved organisations for healthcare planning and research for public benefit for many years. However, the system has been inefficient and ineffective because it has relied on each GP practice giving their approval for the release of the data.

This new, improved and automatic system, the GDPR data collection, will help to support the planning and commissioning of health and care services, the development of health and care policy, public health monitoring and interventions (including coronavirus (COVID-19) and enable many different areas of research. This will enable the medical research community to use these data for research into a very wide range of diseases that are commonly treated in primary care, such as arthritis, depression, asthma, diabetes and dementia.

The GDPR dataset contains coded data on symptoms, diagnoses, test results, allergies, referrals, vaccination and prescriptions. It does not contain any written notes (free-text) or any letters or scans.

During the pandemic, emergency legislation made it possible to access the GP data of participants solely for the purpose of COVID-19 research. This access has demonstrated just how valuable the GP data can be for research.

You do not need to take any action in order to opt in to GDPR. Your data will be automatically incorporated into the NHS central system.

If you choose to opt out of GDPR (Type 1 opt-out), your GP data will not be able to leave your GP practice and therefore cannot be made available to approved researchers.

NHS Digital has engaged with the British Medical Association (BMA), Royal College of GPs (RCGP) and the National Data Guardian (NDG) to ensure relevant safeguards are in place for patients and GP practices.

If you have previously registered a Type 1 Opt-out and you would like to withdraw this (i.e. opt back in and allow your GP data to be shared), you can visit the NHS website to complete a [Type 1 opt out withdrawal form](https://digital.nhs.uk/data-and-information/data-collections-and-data-sets/data-collections/general-practice-data-for-planning-and-research/transparency-notice) (<https://digital.nhs.uk/data-and-information/data-collections-and-data-sets/data-collections/general-practice-data-for-planning-and-research/transparency-notice>). You can send the form by post or email to your GP practice or call 0300 3035678 for a form to be sent out to you.

Will NHS Digital sell my data to companies and third parties ?

No. People's personal data are managed appropriately at all times and with the most stringent controls in place. That is why NHS Digital has a rigorous approval system for researchers, tried and tested over many years, and will only allow access to researchers and organisations who are undertaking health-related research. All requests are subject to independent oversight and scrutiny, and audits are conducted to ensure the data are being used for the approved purpose.

The September date for decision making is now gone, and there is no new hard deadline. Feedback provided to NHS Digital, has resulted in the GDPR data collection being delayed to allow sufficient time to improve in three key areas:

- To develop centralised, automatic processing of opt-outs and opt-ins, to reduce the burden on GPs.
- To make data available only through a secure online system, known as a Trusted Research Environment ([TRE](#)). Through a TRE, users can only access data for which they have been approved and cannot download patient-level data to carry out unapproved analyses.
- To allow more time for a public awareness campaign to ensure the public is aware of their data choices.

More information is available here: <https://digital.nhs.uk/data-and-information/data-collections-and-data-sets/data-collections/general-practice-data-for-planning-and-research>

We will keep you updated on any further developments.

October 2021

WHITEWATER PPG CONTACT DETAILS



[**whitewaterppg@gmail.com**](mailto:whitewaterppg@gmail.com)

01256 678671

or visit us on Facebook at

[**www.facebook.com/WhitewaterPPG**](https://www.facebook.com/WhitewaterPPG)

Please note we cannot deal with any medical or personal matters.
Please address these to Whitewater Health. The email address for the practice is:

✉ [**nhccg.whitewaterhealth@nhs.net**](mailto:nhccg.whitewaterhealth@nhs.net)

**The Practice lines are
quietest between
4.30 pm to 6.30pm**

COUNTY MATTERS – HOOK FOCUS

SEPTEMBER 2021 ISSUE

Councillor Jonathan Glen
Member for Hook, Odiham &
the Western Parishes
jonathan.glen@hants.gov.uk

I hope everyone had some sort of summer break, and enjoyed watching the fantastic performances of our athletes at the Tokyo Olympics as much as I did. Now it's September we're all back to school and work.

The elephant in the room this month, of course, is the debate about Shapley Heath New Town. I have had many phone calls and emails regarding the proposed development on our doorstep but I need more!

Hart District Council (HDC) has now launched a communities survey on its plans to build up to 10,000 new houses at Shapley Heath, which is now the name for the woodland and fields separating Hook, Hartley Wintney, Winchfield and Fleet-- pretty much all our neighbouring villages.

The survey as it stands fails to ask any questions for or against this development of our rural setting, basically presenting the proposal as a fait-accompli.

I believe we have a right to express our opinion about this.

The survey locates the development at Shapley Heath, but explores NO alternatives for meeting future housing demand, and asks NO questions about whether residents want Shapley Heath to go ahead. No use asking us how many parking spaces we would like if we don't want the houses at all!

Just think...10,000 houses will produce a minimum of 20,000 transport movements in the morning rush hour, and a further 20,000 vehicles trying to get home at 5pm. Ever queued to get on the M3 through Hook? We will all have to add an extra hour to our commuting times. Not to mention the added pressure on our local services, shops, and medical practices.

This super-sized urban extension will merge Fleet with Hartley Wintney, Winchfield and Hook. It will have a devastating impact on our local infrastructure and will deprive surrounding towns and villages of much-needed investment.

This year, HDC plans to spend a further £279,000 of OUR money on this unpopular development. There is insufficient government funding to support this project, in addition to the District Council already having a budgeted deficit of £381,000.

If you are as concerned as I am, please share your thoughts with me by emailing me on jonathan.glen@hants.gov.uk and giving me permission to send on your responses directly.

On a more global note, I'd like to update you on what Hampshire County Council (HCC) is doing to address the climate change challenge. HCC has recognized the severity of climate change and the urgent need for action at home. We have declared a climate emergency and set two targets. The first, is to be Carbon Neutral by 2050; the second is to be resilient to the impacts of a two-degree temperature rise. The Hampshire Climate Change Strategy and Action Plan includes key programmes on transport, energy, residential emissions, and the green economy.

More information on what we are doing and how to calculate your own carbon footprint can be found at:

<https://www.hants.gov.uk/landplanningandenvironment/environment/climatechange>.

In addition, HCC also now has a **Pollinator Strategy** and is working closely with Parish Councils on the Pollinator Pledge Project. Did you know there are around 1500 species of insect pollinators in the UK? They are vital to growing much of our crops and for plants to flourish in our fields and gardens. Unfortunately, they are facing a number of threats meaning populations are in decline.

We're looking for local communities to pledge to help enhance their local environment for pollinators and raise awareness of how important they are. Simple actions such as not cutting your grass verges could make a big difference to the pollinators in your area.

Further details are available on <https://www.hants.gov.uk/community/parish-pages/parish-pollinator>.

We are also keen to help residents who elect to drive Electric Vehicles (EVs) as an alternative to traditional petrol and diesel cars. Trials are already underway of publicly available EV charge points for on-street locations to improve the EV network across Hampshire.

We'd like to hear your views, so please take a few minutes to complete our survey on <https://forms.office.com/Pages/ResponsePage.aspx>.

More information about our work on electric vehicles as part of our strategy to tackle climate change can also be found at <https://www.hants.gov.uk/transport/electric-vehicles>.

* * * *

*Councillor Jonathan Glen
Member for Hook, Odiham & the Western Parishes*

jonathan.glen@hants.gov.uk



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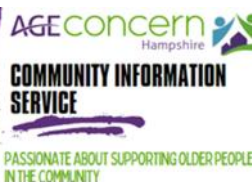
The secret life of harvest mice

Rodents are a key component of many healthy ecosystems, such as grasslands and woodlands. They provide food for lots of species from birds of prey to larger mammals. Rodents often produce lots of young every year, so must have ample food available for them – usually seeds, fruit and small insects. When rodent populations dip there are knock-on effects across the habitat. There are 14 species of rodent commonly found in Britain, including rats, squirrels, mice, voles and more recently the beaver. One of the least familiar of these is the harvest mouse, Britain's smallest rodent, and we will take a closer look at them this week.

Harvest mice are not especially fussy, they are happy anywhere there are ample stems for them to clamber up, very rarely descending to the ground if they can avoid it. They are tiny, around 6cm long, with a tail close to the same length. The tail is used to help with balance and climbing. They react quickly to disturbance, disappearing back into the vegetation in response to nearby noises.

Harvest mice are thought to be fairly widespread but are very difficult to find. Their presence is mostly picked up by the signs they leave behind - their intricate nests. The nests are carefully woven from grass and leaves within dense vegetation, at least 10cm above ground, so even these are difficult to spot! Harvest mice adapted to farmed habitats by creating their nests in crop fields such as wheat and barley, but modern combine harvesters have caused a new threat. When fields were hand-cut, the mice could easily run to the safety of field margins, but modern machinery does not give them the time to escape. They also build their nests and live in verges, reedbeds and grassy hedges. These habitats have been lost in many areas as green spaces are developed and wetlands drained.

Recent studies have helped shine a light on this elusive mammal, but more must be done to protect the harvest mouse. They seem to be able to respond quickly to changes in habitat, as long as the habitat is connected to others and buffer zones are present between developments and their living space. Reintroductions can work well, as the mice are relatively easy to breed, and once conservation efforts are in place they seem to breed and colonise the reintroduction area quickly. The more we learn about marginal habitats like road verges and field edges, the more they are shown to be important for all sorts of wildlife, including our smallest rodent.



Community Information Volunteers – make a difference in your community

Age Concern Hampshire's Community Information Volunteers (previously known as Village Agents), help people – and their family, friends and carers – find the information and support they need to stay living safely and independently.

Find – Provide information on a range of topics, such as finding help to manage around the home, social activities locally or what government help someone may be eligible for.

Help – Get to know the local charities and support groups working in the area and can help put people in touch with the right help at the right time.

Connect – Provide a bit of tailored support to help a person to get connected to the service they need. This may be making a phone call, filling in a form on their behalf or making first introductions to a group.

Join our team!

We're looking for Community Information Volunteers in the Hart district, including Hook and surrounding villages.

As part of a known, dedicated organisation, you'll be a trusted local resident who provides face-to-face contact, for people who are less likely to use the telephone or internet, to access information.

To find out more, for details of how to apply, and/or to find out about other volunteer roles within our organisation:

Website: www.ageconcernhampshire.org.uk

Call: 01962 868545

Email: enquiries@ageconcernhampshire.org.uk

Rotherwick Community Support Network

The Rotherwick Community Support Network was set up in anticipation of the first Covid lockdown in March 2020 and supported several early requests for prescriptions and shopping.

Although the phone line has been discontinued, the network itself is ongoing with no plans to disband. There is an associated WhatsApp group of over 25 members around the village ready to connect and respond when needed – if you would like to access any support or be added to the group, please do let me know.

Nicky Howell s 07787 541927

Kernets

USEFUL CONTACTS

Hook Surgery		01256 762125
Hook Care Group		08450 941549
Whitewater School	Head – Lucy Edwards	01256 762637
Rotherwick News Editors	Amanda Palmer, Jenny Gordon, Sue Scrutton rotherwicknews@yahoo.co.uk	07849 471227
R'wick News Distribution	Lottie Girling	01256 760022
R'wick P Council Clerk	Susan Richardson clerk@rotherwick.org.uk	07518 100314
Churchwarden	Steve Burrige rotherwickcw2@btinternet.com	
Cricket Club	Jon Wheeler, Secretary	07788 722771
Group Scout Leader	Richard Whistler	01256 763118
Tennis Club Membership	Maria Wills mariajwills@sky.com	
Badminton Club	Richard Burke, Secretary badminton@rjne.co.uk	01256 761013
Rotherwick Toddler Group	Caroline Brown carolinebrown1@me.com	
HCC Councillor for Rotherwick	Jonathan Glen jonathan.glen@hants.gov.uk.	
Hart North Police (based in Aldershot, non urgent)		101
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A message from Rachel Johnson—Parish Councillor

As the Parish Councillor who attends the quarterly policing priorities Meetings, I am keen for Rotherwick residents to inform me of any concerns they have or questions they wish me to ask, on their behalf, at these meetings. It is our opportunity to have a direct link with the Hart Rural Neighbourhood Policing Team.

Email Rachel Johnson on rachel.johnson@rotherwick.org.uk

Please visit www.rotherwick.org.uk
for Rotherwick Parish information and
sign up for Parish Alerts.



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Take away sample menu

(please see full menu on Facebook or our website)

Haloumi fries , sweet chilli jam	£5
Pop Corn Chicken with sweet chilli jam	£5.5
BBQ chicken wings, blue cheese dip & celery	£7.5
Beef burger, cheddar & fries <i>add bacon</i> £1	£10
Crispy chicken burger, chips	£9
Butter Chicken curry with mushroom and garlic rice	£10
Pie of the day with mash or chips, vegetables and gravy	£12
Beer battered cod and chips with tartare sauce and peas	£9.5

Every Sunday delicious roasts £12

We are working hard to make sure pub is safe for you and us!
Stay safe and hope to see you all very soon,
Lee and team



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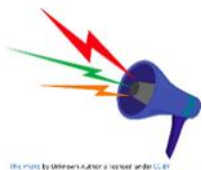
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Let's give a shout to...



A shout out to all the young people heading off to university



and other new ventures for the first time.

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We will miss you.

Cowfold Lane Emptynester

HAPPY BIRTHDAY TO

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FROM YOUR FAMILY



Send in your message
(a photo would be nice but not compulsory!)
to rotherwicknews@yahoo.co.uk and we will post them here.

Looking Ahead



Upcoming dates for events at the village hall

November 6th – Fireworks at the Village Hall

December 3rd/4th/5th – Christmas activities/film show—details to follow

December 8th – Christmas wreath making at the hall. 7.30pm—more details and tickets on sale next month

"That would be good to go in the Rotherwick News!"

Thank you... to the people who have contributed to this month's magazine.

Most of the articles are signed by their author but not all. For those articles that appear to be "anonymous" the editors would like to give a mention to Lottie Girling, Jenny Gordon, Dan Pearce and Harriet Steger for their contributions this month.

Please keep your articles and photos coming—they bring the magazine to life and it is so interesting to see and read about people we all know and love.

As always you can send to rotherwicknews@yahoo.co.uk or the Rotherwick News mobile 07849471227 by 10th of the month. What could be easier?

