

The Rotherwick News

January/February 2023

Volume 35 Edition 1

DON'T YOU JUST LOVE OUR VILLAGE?



Absolutely Agnes...

Dry January? Fat chance, it's positively raining cats & dogs outside! Agnes has been musing over why we feel the need to torture ourselves with such manic depravation, the moment the tinsel has been banished to the attic.

Agnes positively abhors the making of resolutions – yes, putting in place a few positive objectives for the year ahead is jolly encouraging, but this is no time for self-flagellation, starvation & jumping around in the freezing rain.

Frankly, if a good stiff gin & a baked camembert gets one through the mizzle months, then let's throw another log on the fire, pull on a pair of cosy Christmas socks & put your little chilblains up!

This year, Agnes intends to focus on the H-words. Happiness, Health & Home.

Happiness.... finding the joy in the little things that make you happy & not feeling guilty for indulging every spare moment in those activities. For Agnes, reading, lighting candles in the morning, pottering in the garden, visiting art galleries, eating out with friends, travel...the list goes on. These are the sorts of things she hopes to fill her days with.

Health....as every lady of a certain age will attest, putting one's health & wellbeing at the top of the to do list, really is very wise. Agnes wants to make more time for mindfulness, musings & much needed rest.

Home.... with renovation works in full swing here at the cottage, Agnes looks forward to finally tackling a mind boggling list of jobs & decorating with gusto, for the feathering of ones nest brings much contentment & there aren't enough words to describe the positive impact to be gained from a set of well organised drawers.

When all is said & done, what we all wish for is Health & Happiness, which is what Agnes is wishing for you all whether your January be dry or just a little damp around the edges.

Do get in touch with what you're focusing on in 2023, I'd love to hear & as always, cheers!

Agnes

PS. If you would like to see more of what Agnes is up to, do follow her village adventures:

Instagram: [absolutely_agnes](#)

Facebook: [absolutelyagnes](#)



Something Old ...

The magazine, under our editorial leadership is now 2 years old. It is going from strength to strength. We regularly receive lovely, positive comments regarding the content and in particular all the colour which seems to bring it to life. The ongoing success of the magazine would not be possible without all the wonderful contributions that we receive monthly from our excellent writing team and beyond. We know we can rely on them all which makes a huge difference in every way, thank you to you all.

Something New ...

Two new groups for you to consider attending have sprung up in Rotherwick. I have attended both so write from personal experience.

The Poetry Group meets on the 2nd Sunday of the month in Rotherwick Church. They are a lovely, warm, friendly group with a sense of humour. They will look at various poets throughout the year. The use of language in poetry is wonderful and well worth a look.



The other group is a Choir which links to poetry since many poems are set to music adding a further layer of interpretation.



The Choir Effect rehearsals take place on a Wednesday at 7 30pm in Rotherwick Village Hall. I went along to the first session and found the Musical Director, Sarah, warm and friendly, leading us gently and putting us at ease. There was a big turn out so plenty of voices in each Bass, Alto and Soprano sections. We sang "I'm Still Standing" including some harmonies for each section so it was great fun putting it altogether. I was bopping away at the back having a great time! Once again, well worth a look!

On a personal note, apart from my attendance at the above, my own 'something new' for the New Year is adding Pilates in to my never-ending search to combat ageing. I started some weeks before Christmas and to my delight I was able to wear my annual red velvet Christmas jeans again which had taken a lengthy holiday from their annual appearance of some two or three years. My conclusion....Pilates works !! Give it a go.



www.publicdomainpictures.net

THE FALCON,
ROTHERWICK

PUB QUIZ PTA FUNDRAISER

to raise funds For Whitewater C of E
Primary School's Forest School.

7.30pm Thursday 2nd February.

£12.50 per person including food.
Teams of max 6 to play! Raffle on the night!

To buy tickets and see menu options visit:
www.pta-events.co.uk/whitewater



The Rotherwick Tea Towel Club

Sounds slightly sinister, almost like an undercover WWII mission but it couldn't be anything further from the truth.

It is in fact wide out in the open and hopefully common knowledge. I'm trying to muster up lots of enthusiasm for Rotherwick's very own Tea Towel. Similar in principal to this one in the picture.



Imagine though if you will, all the beautiful little cherubs' faces not being there and instead we have houses and buildings in Rotherwick.

I can safely say these Tea Towels can't be purchased in any shop or department store, only from a secret location at a later date. I say secret, I just haven't worked out yet where or how or even who we get to deliver them. For now though I just need you to keep it at the forefront of your mind that later in the year we will be taking orders and some cash up front for your very own exclusive Tea Towel.

So, the houses. So far I have managed to sketch/ draw about fifty houses and buildings in the village (here's a few), ideally I'm looking for one hundred. I would like to have more done by now but a spell of being ill and then the rain, oh the rain, it never stops. So hopefully I will be back out walking the village taking some pictures of those I can see from the road. If however you live behind a hedge and you don't want to miss out on having your house on the Tea Towel in this once in a life time opportunity, then get in touch with me to let me know who you are and which house is yours.



You can get in touch with the Rotherwick News or you can walk up to the top of the Street and post a note through my door (old fashioned I know) or contact me via email or messenger. You can find me on Instagram @danartisan, from there it's easy to send me a message.

Be a part of the next big thing in the village, The Rotherwick Tea Towel Club!

Observer books



Who didn't have some of these as a kid?

The Observer's Books were a series of small pocket size books, published from 1937-2003. A whole host of subjects were eventually covered from number 1 right up to 100.

The very first being Birds, number 25 was Garden Flowers and number 80 was Rocks and Minerals.

I had a few as a child but unfortunately they got lost along the way, maybe a charity shop had them. Anyway these books were a fascinating insight into learning in the time of no computers or mobile phones.

So one day walking around a bric a brac market I spotted one and gave it to my lad who loves books and anything that involves history etc.

I can't quite remember which one it was but he is now the proud owner of about 40 of them. Titles ranging from Architecture (this is a lovely little book with fantastic illustrations) to Space Flight.

When out and about we are always looking to see if we can find one, sometimes we come across them in an antique and collectible type building/ emporium/ market. They usually range from £4-£6 but we have seen some asking for £12. We have seen in one shop every edition of the Aircraft one, I think about 6 different editions.

They obviously got reprinted throughout their life so some of the first editions can fetch a few pennies if they are in mint condition with their dust covers. These are rare, I mean they were designed for kids, we have ones that usually have an inscription inside from a loving auntie at Christmas. We have some that are first editions to a few that were printed in the 80s.

We have found out that the earlier the number the more there are, so the later ones are harder to find as they eventually fell out of favour. I mean in 1942 they bought out a special aircraft one to help people spot enemy planes.

Number 99 is all about The Observer Books themselves.

I would like to say that we always pop into charity shops when we are out and about, as you never know one might be sitting on a shelf waiting for us to purchase it and take it home.

The cheapest we have found them for was £1. It's exciting when you see the little books, as you get closer you hope it's one you haven't already got and not yet another version of Horses and Ponies. Sometimes we've found a few then it's hard as you can only choose a couple to buy.

However, this picture with him reading some of the books was seen by a lovely lady in Kent (she happened to be an ex scout leader) who kindly sent him some as she said they were surplus to her collection.

If you have never seen or read one, I would say go and hunt one down and have a look, they are little gems of information designed and written for the casual observer. Oh and we don't buy them off eBay, there's no fun in that!



P.S. if anyone has any that are looking for a new home, I know just the chap.

Ramblings of Rotherwick



Well, it made us laugh!



To Kombucha or not to Kombucha

Ah, the new year and all it promises in healthy resolutions! Dry January beckons for many, along with the slew of adverts for alternative healthier options.

Well it got me thinking about healthy drinks in general, not just alternatives for alcohol. He indoors is partaking of apple cider vinegar on a regular basis, allegedly now one of the healthiest supplements to add to your diet. Results, he tells me, are impressive even if the taste is not.

The above vinegar seems to be vying for the top spot currently with Kombucha, basically a sweetened fermented tea which is said to taste a bit like fizzy apple soda with a vinegar tang, but promises many health benefits. I also read it can cause gas, nausea and vomiting! Note to self - don't even go there!

What happened to good old orange juice which, when I was a girl, was considered so good for you - now considered to be too acidic and full of sugar.

Even full fat milk has now been demonised for having too much fat. If we look back there are no end of tales of 'healthy drinks'. Throughout history alcohol has been perceived to have various health benefits. At one time it was deemed safer to drink than water, an understandable notion based on what was residing in the water of those times. The historian and chronicler Raphaël Holinshed, recorded in his book, the Chronicles of England, Scotland and Ireland in 1577 that whisky had the following advantages:

"Being moderately taken, it slows the age, cuts phlegm, helps digestion, cures the dropsy, it heals the strangulation, keeps and preserves the head from whirling, the tongue from lispings, the stomach from womblyng, the guts from rumbling, the hands from shivering, the bones from aching...and truly it is a sovereign liquor if it be orderly taken." Who can argue with that?

In the early nineteenth century, many people believed that their health could be improved by an invigorating bath in natural mineral springs. If it was good to bathe in, surely it was also good to drink! Entrepreneurs patented various designs for what were basically portable mineral-water makers. These "soda fountains" were installed in chemists in the USA. By the early twentieth century, chemist's soda fountains were doing a brisk business and pharmacists were trying out a lot of different flavours.

Tinctures of caffeine, tobacco, and cocaine were frequent additives to create an invigorating tonic to cure a variety of ailments, the energy drinks of their day. From these humble beginnings Coca Cola was invented by a local pharmacist in Atlanta in 1886.

These days we are told that antioxidants in wine will help protect us from premature ageing, heart disease, anxiety and much more.

We are as a race naturally curious, so I suppose we will always be persuaded to try new things as each new year rolls in, but in terms of a healthy drink I'm definitely sticking with water, though I will admit to being a staunch supporter of red wine and its antioxidants.

Happy New Year!

Marion Robak

Poetry Group

The recently formed poetry group meets on the second Sunday of the month, in the church at 3pm.

Over tea and cakes we look at the life and output of various poets.

Why don't you join us?

There is absolutely no need to be an expert and no need even to read if you'd prefer not to. However badly taught you were at school and 'don't like poetry' forget that, come and see how enjoyable poetry can be. We are not putting on a comedy show but there are plenty of laughs and a relaxed atmosphere.

On February 12th at 3pm we will be investigating Tennyson, a most interesting man with a huge output.

We'll have your tea poured out for you at 2.59 pm.

Any questions?

Call David on 01256 211508



Quiz of the Month

January Questions

1. Jeremy Paxman announced he would be stepping down as host of TV quiz University Challenge after more than 28 years, who is taking over his role this year?
2. Bruce Kent passed away in June 2022, in which politically active organisation did he hold leadership roles from the 1960s onwards?
3. Although the media concentrated on Matt Hancock being a contestant who actually won 2022's "I'm A Celebrity Get Me Out of Here"?
4. Which famous painting in London's National Gallery did "Just Stop Oil" protestors glue themselves to in July 2022? "
5. On January 1st 2023, which country replaced the kuna with the euro as its unit of currency?
6. Which building, which became a UNESCO World Heritage Site in 2007 and was also a finalist in a 2000 campaign to find the "New Seven Wonders of the World", will celebrate its 50th anniversary in 2023?
7. Whose name goes before "And the Dial Of Destiny" to give the name of the fifth film in a franchise that is scheduled for release in the summer of 2023?
8. Which Commonwealth Games gold medallist has a Twitter blog that reads 'Chronically indecisive so I've adopted two surnames and the heptathlon'?
9. True or false: a 2022 study found that dogs cry tears of joy when their owners return home.
10. At Queen Elizabeth II's funeral in September 2022, which of the armed forces pulled the State Gun Carriage from Westminster Abbey to Wellington Arch?

'Quizinquisitor'

Answers to last month's quiz are on page 14



Get Gardening



January! I'm not a fan and I'm not that keen on February! It's usually wet, cold and our clay soil is 'claggy' so I am planning my vegetable beds for 2023. After last year I have decided it is not worth growing brussell sprouts or broccoli, too many courgette plants or more than one squash as I just don't have the room. I discovered a website (www.anglianhome.co.uk, not the name of a website that immediately makes you think of gardening, but worth a visit!) that shows which are the best combination of vegetables to grow together and some combinations that help discourage pests. I've discovered:

- Radishes draw leaf miners away from spinach
- Lettuce tenderizes summer radishes
- Tomatoes repel caterpillars that feed on cabbage leaves
- Tagetes, basil or mint are good to grow next to tomatoes
- Grow nasturtiums next to kale
- Borage next to broad beans, squash and tomatoes
- Leeks (and onions) repel carrot fly and
- Onions repel most pests
- Rhubarb, sage and lavender deter deer

I have seen Marigolds planted in vegetable gardens to help prevent pests but some say they encourage slugs and spider mites and don't help beans and cabbages. However, I like the idea of borage



www.gardenersworld.com



www.healthline.com/nutrition/borage

and nasturtiums as the flowers are also edible plus they attract insects that benefit vegetables such as bees. Useful to know is what vegetables don't grow well together, the gardeners world website suggests some such as:

- Garlic and onions with beans and peas
- Mint or onions with asparagus
- Cucumbers, squashes, radishes, sunflowers or tomatoes with potatoes
- Cabbages or other brassicas with strawberries
- Brassicas and potatoes with tomatoes

I have a feeling my 2023 vegetable patch is going to require a bit more thought than normal!

Catherine



With all the brouhaha recently about the economy and rising interest rates, it occurred to me that I knew less about economics than I thought. As it transpired, I wasn't the only one. In my defence however, I'd spent the summer fretting as to whether I'd killed the lawn with that one final cut before the heatwave, rather than persuading people that I was the dream ticket to whupping a £50bn deficit into shape. I don't want to labour the point but my lawn has survived into the autumn and unfortunately shown considerably more growth.

In order to address this shortcoming, I set about irritating my wife by buying yet another book. This one was called "*The Money Machine*" by a chap called Philip Coggan, and which had been recommended to me. The book was initially published in 1986 and must have been a source of accursed misery to Philip ever since. Each occasion he has so much as glanced at the manuscript seems to have been the catalyst for the next financial crisis previously unforeseen by him. On each occasion he seems to have "sat things out" for a short while (presumably in therapy) to see what happens before updating his tome, only for the whole thing to happen again. No sooner had he dedicated the book to Mrs C in 1986 than there was a stock market crash, which he addressed in his 1989 second edition. The recession of the early 90s was covered in his third edition in 1995, only for that to be banjaxed by the Lloyds Names Scandal shortly afterwards, which he addressed in his 1999 fourth edition and so on. I have the seventh edition from 2015, written when he must have thought nothing short of a global plague could possibly force him to pick up his pen once more. The book covers a range of financial areas, a number of which I was loosely familiar with already. What I'd wanted to understand however was the complexities of the link between inflation and interest rates. I'd looked at this some years ago, and all I could ascertain at the time was that if inflation started to increase, the Bank of England would get into a bit of a fizz

and increase the interest rates, but when things eased off a bit, they'd drop them again. Surely there was more to it than that? As with so many matters financial, whilst there are plenty of acronyms and whatnots to complicate matters, apparently there isn't much more to it at all - that is essentially it.

There was also an interesting section about taxation, its link to public expenditure and how governments run deficits or surpluses. I confess that I'd never given that side of things much thought – a government making a profit? Like the prospect of a Liberal Democrat Prime Minister, it's not something I've ever had to consider in my lifetime and dare say that I won't have to for some time yet. Apparently some do though (make a profit that is – not contemplate a Liberal Democrat PM), and indeed, are very good at it. So good in fact, that when they do so, they have to find a way of dissipating it rapidly by purchasing football clubs.

I was discussing this with some colleagues in the office later that week, likening the taxpayer to bees in the fiscal hive of societal prosperity, with the workers striving to produce the honey for the benefit of the hive, and any surplus being sold by the beekeeper. *"I don't eat honey. I've become vegan"* responded one of my colleagues. I contemplated for a moment whether this was how leading KCs feel when their magniloquence is felled with a few simple bons mots from the bench, hoofing their case beyond the boundary and into the car park beyond. *'Er... do vegans not eat honey?'* I enquired, wishing immediately that I hadn't. It transpires, at length, that this is quite a divisive issue, and not just between those who care (her) and those who don't (me). My noticeably leather-shod colleague informed me that being made by bees, honey is an animal product, and therefore something that she could no longer eat (veganism, like sourdough breadmaking and yoga before it, being a relatively recent and possibly short-lived, development). Apparently not all vegans don't eat honey, and consequently there are some who do, although they are considered

by some, but not all non-honey eating vegans, to be less committed, albeit to what she couldn't say. I chewed this over further and wondered whether she was making a miel out of it (geddit?!). It's not as if beekeeping is cruel in any way, and bees have a critical advantage over other animals involved in food production that if they get the hump with what the beekeeper is doing, they can do a lot more harm to him than he ever will by flailing their arms haplessly as they do so. In that regard I thought the analogy to the taxation system and by extension democracy, rather apt.

Matthew Gasser

DECEMBER Quiz Answers

- 1. The decorating of London's Oxford Street with Christmas lights was postponed in 1963 as a mark of respect to whose death?**
JOHN F KENNEDY'S
- 2. In which European country did Christmas markets originate?**
GERMANY
- 3. Held annually in London each year, which famous scientist initiated the Royal Institution Christmas Lectures in 1825?**
MICHAEL FARADAY
- 4. Which famous fictional character was created by Robert L. May in 1939 when his boss at an American department store asked him to write a "cheery children's book" they could give away to Christmas shoppers?** **RUDOLPH THE RED NOSED REINDEER**
- 5. In 1965, Jingle Bells became the first ever song broadcast from space when it was played by astronauts on which mission?... a) Apollo 6; b) Gemini 6; or c) Mercury 6?** **GEMINI 6**
- 6. Televised live across the world, Leonard Bernstein conducted a performance of Beethoven's Symphony Number Nine on Christmas Day in 1989 to celebrate what event?** **FALL OF THE BERLIN WALL**
- 7. Narrowly missing out on the Christmas number one spot in 2016, by what stage name is singer Rory Charles Graham better known?**
RAG 'N' BONE MAN
- 8. In which Panto would you find King Rat?** **DICK WHITTINGTON**
- 9. Which contestant from the 2021 series of Strictly Come Dancing and McFly band member wrote the 2016 children's novel The Christ-masaurus?** **TOM FLETCHER**
- 10. Used to symbolise Jesus Christ as the light of the world, a traditional Christingle uses a what to represent the world?** **AN ORANGE**

Rotherwick's Junior Bake Off Christmas Special



Thank you to our
star bakers
Elizabeth
and
Thomas
for sending in these
fabulous photos of their
Christmas baking.

Loving your Santa! Bet
he tasted as good as he
looks.

Father Christmas at Rotherwick Toddler Group

Thank you Santa for all the presents you brought to the little people before Christmas. They had a wonderful time and really appreciate you taking time out of your busy schedule to pop to Rotherwick.



We would like to say a massive thank you and farewell to our supportive, amazing Shona. Every week she came and helped us set up the toddler group toys, made everyone welcome with a cup of tea and generally was a lovely addition to our group. We will miss you, Shona.

Rotherwick toddlers is open 10am-11.30 every Monday in term time. It is run by volunteers for parents, grandparents, nannies, childminders whoever would like to bring their child, children from age 0 to 5yrs. Costs just £1 per person and you also get a cup of tea or coffee, although now Shona isn't here you may be required to make it yourself. Unless you would like to come, help out or join in. We have a craft or activity each week and there are loads of toys for the whole age range.

Everyone is welcome.

Term starts 9th January until 27th March 2023.

If you would like any more info please see the back of the RN for details or look on our facebook page.

A message from Rotherwick Parish Council

There will be
a commemorative tree planting
in honour of HRH Queen Elizabeth's
Platinum Jubilee
at the playing fields, Rotherwick
on Saturday 11th March 10am
all welcome.

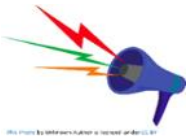
Santa Comes to Town (well Rotherwick!)

The week before Christmas, the little people of our village were once again treated to a magical visit by Santa and his happy elf. Santa travelled around the village on his sleigh (well wheels!) visiting various homes.

He is so clever, he even knew where each child lived and had a named present ready to hand-over to each child. You can imagine the sheer delight on their faces when Santa announced his arrival by a beep of his horn and had a personalised present at hand!

Thank you Santa, we are so lucky to have you visit us each year from the North Pole, we look forward to your visit again next year!





**Let's give a
shout to...**



**Happy
Birthday**

Congratulations to Will on his 18th birthday
from a very proud Mum and Dad.

As they say, it takes a village to raise a child, so a very
big thank-you to all who have helped us get this far.

**Happy
Birthday**



To All my valued customers,

Well... 2022 was, I'm happy to say, far less eventful than 2020 and 2021 and it seems that COVID Boosters will become the norm, alongside our Flu injections!

In my usual style and in case I don't see you face to face and get a chance to say it over the coming weeks, I would like to extend my thanks to the residents of Rotherwick, Hartley Wespall and Newnham for your cards and kind gifts throughout the festive season.

It has been great to see so many new and familiar faces over the past few weeks, I do hope residents have had an opportunity to spend precious time with family and friends and have been able to enjoy and relax over the holiday period.

It has been my pleasure to serve you for another year and I would like to wish all my customers health and happiness for the year ahead... keep you and your loved ones safe and I look forward to seeing you in 2023!

Mark, The Postman

(A Happy New Year to you and yours too Mark)

COUNTY MATTERS – JANUARY 2023

Hampshire County Councillor report

Cllr. Jonathan Glen

jonathan.glen@hants.gov.uk

I have it on good authority that 2023 is going to be great! Let me share with you what we're doing in Winchester to ensure we make the most of our brand-new year.

HCC reorganisation

Hampshire County Council is carrying out an internal reorganisation, with some changes in its senior leadership. This will streamline individual responsibilities of the Council's Cabinet. With effect from 1 January 2023, there will now be as follows:

- **Adults' Health and Care - Cllr Liz Fairhurst (lead member) and Cllr Jan Warwick**

- Children's Services - Cllr Edward Heron (lead member) and Cllr Steve Forster
- Universal Services - Cllr Nick Adams-King (lead member) and Cllr Russell Oppenheimer
- Hampshire 2050 and Corporate Services - Cllr Rob Humby (leader) and Cllr Rob Chadd (deputy leader)
- Cllr Kirsty North will continue as Cabinet Member for HR, Performance, Communications and Inclusion and Diversity.

Leader calls on Government to address local government underfunding

Rob Humby, the Leader of Hampshire County Council, has called on the Government to take urgent action to address the looming financial crisis facing upper tier local government over the next few years. In a letter sent to the Prime Minister, Chancellor and Secretary of State, Councillor Humby and Kent County Council Leader, Councillor Roger Gough, have outlined the drastic budget implications facing the two authorities, and the need for the Government's immediate help and a clear plan for long-term financial sustainability, if the two County Councils are to avoid filing bankruptcy notices within the next year or so. Councillor Humby commented that "both Hampshire and Kent are high-performing, financially well-run and long respected County Councils. However, we face budget deficits over the next few years of a scale that has never been seen before – but not of our own doing. Our budgets are now at breaking point. We have gone as far as we can to close the budget gaps we have faced to date, and there is nowhere left to go in future without severely impacting some of the most vulnerable people in our society."

The two leaders have asked the Government to put local councils on a long-term sustainable financial footing. Their request includes more annual funding to keep up with the growing demand for Adults and Children's Social Care Services or enact legislative changes to reduce the demands on these services, fully funding the social care funding reforms and provide more money for growth in special educational needs, and greater freedom and flexibility around setting council tax and charging for services, alongside legislative changes to help local government help itself.

Winter support

Hampshire's most vulnerable residents will not be left out in the cold this winter, thanks to a range of measures to help people with the costs of food, fuel and other essentials. Using its latest round of Household Support Funding from the Department for Work and Pensions, Hampshire County Council will be investing more than £7 million in a wide variety of schemes and initiatives targeting households facing hardship, between now and March 2023.

The initiatives will expand on what was offered in the previous funding round to include support for foster carers registered with the County Council, unpaid carers, care leavers, and people with disabilities. It will also widen the support available to reach out to those who may not be eligible for other assistance but are nevertheless in need.

Details can be found by emailing connect4communities@hants.gov.uk or visiting the connect4communities website.

Minerals and Waste Plan update consultation

Hampshire's five minerals and waste planning authorities are asking residents, local groups and businesses to help scrutinise proposed changes to Hampshire's Minerals and Waste Plan to ensure that it will continue to ensure provision of a steady and adequate supply of minerals and sufficient waste infrastructure, as well as maintain communities, protect the local environment and address the impacts of climate change.

The consultation allows residents to comment on local sites that have been identified for minerals extraction and transportation. Sites for waste processing, recycling and disposal facilities are also indicated in the Plan - so that the millions of tonnes of household and commercial waste generated across the county can be dealt with as efficiently and sustainably as possible.

The proposed updated plan and the response form can be found at www.hants.gov.uk/minerals-waste-update. The consultation will close at 17:00 hours on Tuesday 31 January 2023.

Boundary Commission review of constituencies

The Boundary Commission for England have published their revised proposals for parliamentary constituency boundaries. A final public consultation has commenced which closes on 5 December 2022.

The revised proposals and maps can be viewed here [South East | Boundary Commission for England \(independent.gov.uk\)](https://www.independent.gov.uk/south-east-boundary-commission-for-england). Our current ward as listed is 9 (Hook) and 10 (Odiham), including their surrounding villages, comprising a registered electorate of 73,306.

If you have any questions or concerns about one or more of the issues I've mentioned here please do get in touch by emailing me at jona-than.glen1@btinternet.com.

All the best for a Healthy & Prosperous New Year.

* * *

December was an extremely busy month for the NHS and it is clear that pressures on the system will remain throughout the winter and into the year. This has reflected on the practice services and many of you will have received a notification of the instructions issued by the health commissioners to our general practice:

“due to the significant increase in urgent workload across the system, our commissioners have recommended we pause routine GP activity until the new year and divert our workforce <https://tinyurl.com/39e59tex> Please only call the practice with clinical same day emergencies. Our Local Medical Council have also put out this statement <https://tinyurl.com/yzemdkme> There are some great self-care resources on <https://111.nhs.uk/> for common illnesses. Thank you for your understanding. Whitewater Health.”

The Practice newsletter highlight available resources which may assist, and we would recommend that patients where practicable make use of the information provided

Whitewater Health Newsletter Winter 2022 edition

Find us at www.whitewaterhealth.nhs.uk Tel: 01252 762125 or 01252 842087

PPG Meeting

The monthly meeting was held on the 8th of December and the minutes from that are available on the practice web under the PPG heading. We have continued to work on the improvement for prescription delivery and we believe that progress is being made. In these meetings we have also engaged with the Dispensing Manager from the opticians and made the Pharmacists and Practice representatives aware of the Urgent Eye Service (UES) and how useful it could be to patients. This information has been circulated to the Practice front desk staff.

As a reminder the practice cannot offer URGENT medication requests. When travelling or staying away from home, please ensure you allow plenty of time to process your repeat prescriptions. When ordering routine repeat medication, allow 5 clear working days before collection (stocks permitting). As the first day is assigned for receipt rather than processing and weekends and bank holidays are not included, please allow plenty of time for medication to be ready for collection.

The PPG AGM will take place on Thursday 16th February 2023 and if you would like to attend please contact us-see below.

PPG Contact Details

Whitewaterppg@gmail.com or Tel: 01256 678671

<https://www.facebook.com/WhitewaterPPG>

(Please note we cannot deal with any medical or personal matters.

The email address for the practice is: nhccg.whitewaterhealth.nhs.uk)



SCAN ME TO GET TO
THE STREP A PAGE



NHS

Strep A and Scarlet Fever

There are currently high rates of Group A strep and scarlet fever in the UK. Scarlet fever, which is caused by the bacteria Group A streptococcus, is usually a mild illness but it is highly infectious.

The rash of scarlet fever often begins with small spots on the body that then spread to the neck, arms and legs over the next 1-2 days. It is often 'sand-paper' like to touch but is not itchy.

Your child may also have a:

- Sore throat/tonsillitis
- Fever (temperature of 38°C (100.4°F) or above)
- Painful, swollen glands in the neck
- A red tongue (strawberry tongue)



More information and advice is available on www.what0-18.nhs.uk on our App or through our Social Media.



 [healthier_together_hiowd](https://www.instagram.com/healthier_together_hiowd)

 [@Health2gether](https://www.facebook.com/Health2gether)

 [@health2gether](https://twitter.com/health2gether)



Download the
free 'Healthier
Together' app





Take Away Menu at The Falcon Rotherwick

01256 765422



info@thefalconrotherwick.co.uk

subject to availability, at the moment collection only - contactless available.

BBQ chicken wings , blue cheese dip & celery	£7.5
Haloumi fries , sweet chilli jam	£7
Pop Corn Chicken , sweet chilli jam	£6
Potato skins , cheese and onion, sour cream, and salsa	£7
Crispy jalapenos , blue cheese dip	£4.5
Beef burger , cheddar & fries <i>add bacon £1</i>	£11
Cajun chicken burger , slaw, BBQ sauce, cheese and chips	£11
Vegetarian 'haggis wellington' , hassle back potato, carrot, kale	£10
Chicken Breast filled with garlic cream cheese, wrapped in bacon served with baby jackets, white wine bbq sauce, grilled mushrooms and tomatoes	£14
Vegan burger , seeded bun, BBQ sauce, vegan cheese, lettuce, tomato, red onion & fries	£11
Butter chicken curry , mushroom rice, flat bread	£14.5
Pie of the day , mash potato, seasonal vegetable, red wine jus	£14.5
Beer battered cod and chips with tartare sauce and peas	£10
Honey roasted Ham , egg and chips, side salad	£10
Chocolate Brownie , chocolate sauce	£5
Sticky toffee pudding and toffee sauce	£5
Apple and rhubarb crumble with crème anglaise	£5

Sides

Hand cut fat chips **£4**, sweet potato fries **£4.5**, market vegetables **£4**, beer
battered onion rings **£4.5**, truffle parmesan fries **£6**, skinny fries **£4**,
cheese topped garlic bread **£5**

Kids Mains **£6.50**

Ham, egg & chips, Cheeseburger & fries, Fish fingers & chips, Crispy
breaded chicken & sweet potato fries

Crusade

CLEANING SERVICES



Locally based business

- *Window Cleaning*
- *Gutter Clearance and Cleaning*
- *Soffit/facia cleaning*
- *Conservatory roof cleaning*

Call Rich

01256 766899

www.crusadecleaning.co.uk



Mylbrook Service Centre Ltd
London Road, Hook, RG27 8HZ

service@mylbrook.co.uk

SERVICE & MOT CENTRE

All our customers, both new and regular, can expect a friendly and professional service where all your servicing and MOT needs will be met.

Our team of technicians and service staff is headed up by
Craig, Master Technician.

Nothing is too much trouble and best of all we offer very competitive prices. We aim to fulfil all your vehicles servicing needs for our local community and beyond, cars and commercials alike.

Specialising in Electric vans to fulfil the need for environmentally friendly and efficient electric vehicles.

Just call to book your appointment or you can contact us on

TEL: 01256 769933

You can find us on the A30 between Hook and Hartley Wintney on the same site as A30 cars

We look forward to seeing you soon.

**David F Roberts
Plumbing and Heating**

For all your heating and plumbing requirements



Gas Safe Registered – No 542535
• Designs • Installations • Updates •
• Over 50 years Experience •
• Covering Surrey and Hampshire •



I am a fully qualified, reliable and professional Heating and Plumbing Engineer willing to undertake a wide and varied range of services to the very highest standard.

Many services covered, including:

- Complete design and installation for new heating systems
- Hot water systems
- Upgrades
- Leadwork
- Under floor heating
- New bathrooms
- All pipework
- Welding
- Landlords certificates
- All heating and repairs undertaken

No job too small...

Tel: 01256 704411 or 07917 529065
Email: davidfroberts@outlook.com



TIDY TIME SERVICES

TIDY TIME SERVICES

**RELIABLE DOMESTIC
CLEANING &
HOUSEKEEPING SERVICES**



- ✓ Domestic cleaning
- ✓ End of tenancy cleaning
- ✓ One-off cleaning
- ✓ Office cleaning

For quotes please phone Lucy on

07768 639762

www.tidytimeservices.com

C.J. MILES

Farm and Garden Services

Pest Control

**Wasp and Hornets Nests
Destroyed**

Rats, Mice and Moles

Fully Insured and Certified

Est. 1990

Colin Miles

Mobile 07774494015

***Cledwyn Hughes*
Garden Maintenance**

Local professional Garden and Tree Services: grass cutting / regular or one off visits, hedge reduction / planting, turfing and seeding

All aspects of Tree work
(NPTC trained)

Fencing and fencing repairs
Both residential and commercial
(CSCS certificated)

01256 769550 / 07779 498706

51 Carleton Close Hook

Email:

hughesmichelle5@sky.com

**REDUCE STRESS
LEARN HOW TO RELAX
IMPROVE STRENGTH AND
FLEXIBILITY**

YOGA

**WEEKLY CLASSES
IN HOOK AND WINCHFIELD**

**BEGINNERS, MIXED ABILITY,
YOGA FOR PREGNANCY,
MOTHER WITH BABY YOGA**

**FIONA WELLS Bsc.PGCE BWYdip
01256 761353**

HOUSE CLEANING BY MARIA

Reliable and affordable service.
Friendly, experienced, local lady
who cleans every corner.
References available upon re-
quest. Tel 07933 316989
(preferably text) or e-mail
mariacleaning@live.co.uk



TREE SURGEON



TREE SCENE

ARBORICULTURE

Adrian Stanley

BSs(Hon) AA Tech Cert

- Qualified & Experienced Arborist
- All Aspects of Tree Work & Stump Grinding
- Fully Insured (£5m)
- Free Estimates
- Logs Supplied

Tel: **01256 763859**

Mob: **07766 256788**

Email: **TreeSceneArb@gmail.com**

A. SEWELL

Lighting, Electrical &
Audio Visual



All Lighting and Electrical work undertaken including:

- Security & Emergency Lighting
- Interior & Exterior Lighting Design & Installation
- TV, Telephone and Data Distribution
- Multi-room Audio/Visual
- Alarm Systems, CCTV & Door Access Systems
- Electrical Alterations & Re-wires



01256 329893

www.asewell.co.uk



Mucky Pups

Dog Walking and Home Boarding
Rotherwick

Dog Walking

Home Boarding

**Dog/Puppy Visits In Your
Home**

Fully insured, DBS checked
Licenced by Hart District Council

Call Melissa

07900 927599

[muckypupsrotherwick@
btinternet.com](mailto:muckypupsrotherwick@btinternet.com)



WEDDINGS & EVENTS

♥ BY FARRAH ♥

I'm a Rotherwick based Weddings & Events planner and a friendly face you can rely on to get your event running like clockwork. From venue finding, guest list management, supplier sourcing and lots more!

Email: Farrah@byfarrah.co.uk

Or visit: www.byfarrah.co.uk



Weddings and Events by Farrah



Weddingsandeventsbyfarrah



Garden Machinery

Servicing and Repairs

All leading makes and models

Rotary Mowers, Ride on Mowers

Hedge Cutters, Strimmers

Chain Saws and Blowers

Collection and delivery Service

Unused machinery welcomed

Fully insured

Competitive prices

Colin Miles

Farm and Garden Services

Tel Hook (01256) 761146

Mobile 07774494015

Colinmiles99@btinternet.com

EST. 1990.

MAN WITH MINI DIGGER

M: 07789296141

H: 01256 763003

m.hazell@btinternet.com



GARDEN CLEARANCE
WATER PIPES INSTALL
DRAINAGE

TREE STUMP REMOVAL
RUBBLE REMOVAL

BRASH REMOVAL

CLEARING DITCHES

CLEARING OUT PONDS

LEVELLING SOIL AND GARDENS



NO VAT

PUBLIC LIABILITY INSURANCE



DESIGN & PLANNING SERVICE FOR HOMEOWNERS

EXTENSIONS, HERITAGE & NEW BUILD PROJECTS

WWW.WHITEROK.CO.UK

Tel: 07787304795

DAVID MATTHEWS

Carpentry & Joinery Services

- | | |
|--------------------|---------------------------------|
| ♦ Doors | ♦ Custom Made Units |
| ♦ Wardrobes | ♦ Kitchen Design Service |
| ♦ Windows | ♦ 20 years experience |

Tel/Fax: 01256 476207

Email: dfmjoinery@btinternet.com

USEFUL CONTACTS

Hook Surgery		01256 762125
PPG	Whitewaterppg@gmail.com	01256 678671
	https://www.facebook.com/WhitewaterPPG	
Hook Care Group		08450 941549
Whitewater School	Mr Glen Golding – Executive Headteacher	
	Mr Steve Moore – Executive Head of School	
		01256 762637
Rotherwick News Editors	Amanda Palmer, Jenny Gordon, Sue Scrutton	
	rotherwicknews@yahoo.co.uk	
R’wick News Distribution	Catherine Bolt	01256 762563
R’wick P Council Clerk	Susan Richardson	clerk@rotherwick.org.uk
		07792463611
Churchwarden	Steve Burridge	rotherwickcw2@btinternet.com
Cricket Club	Jon Wheeler, Secretary	07788 722771
Group Scout Leader	Richard Whistler	01256 763118
Tennis Club Membership	Amanda Cook	amacook73@gmail.com
Badminton Club	Richard Burke, Secretary	01256 761013
		badminton@rjne.co.uk
Rotherwick Toddler Group	Caroline Brown	carolinebrown1@me.com
HCC Councillor for Rotherwick	Jonathan Glen	jonathan.glen@hants.gov.uk
Hart North Police (based in Aldershot, non urgent)		101
	Hart.North.Police@hampshire.pnn.police.uk	

Use of Photos in the Rotherwick News



Please Read the Following Carefully

It is great to have photos in the Rotherwick News to add interest and bring an article to life. A picture paints a thousand words as they say.

However, the editors are aware that photos are personal data and as such will take every care to ensure that privacy is respected.

Before publishing any photo, the editors will always seek your permission, or in the case of children, the permission of the parents before publishing any photos sent in by a third party. This will be sought either verbally, by email or text. You may be asked to give written permission for the photo to be used. This maybe in the form of an affirmative reply to an email or text. It will be assumed that by sending in a photo of yourselves, including your children, you are giving permission for it to be published.

Looking Ahead



Upcoming dates

2nd February—School PTA quiz 7.30pm at the Falcon. See page 4

12th February—poetry group at the church 3pm. See page 9

11th March—commemorative tree planting 10 am Rotherwick playing fields, see page 17

That would be good to go in the Rotherwick News!"

Thank you... to the people who have contributed to this month's magazine. Most of the articles are signed by their author but not all. For those articles that appear to be "anonymous" the editors would like to give a mention to Dan Pearce for his contribution this month. Also thanks to Eve Wort for the front cover.

Please keep your articles and photos coming—they bring the magazine to life and it is so interesting to see and read about people we all know and love.

As always you can send to rotherwicknews@yahoo.co.uk by 10th of the month. What could be easier?

Please visit www.rotherwick.org.uk
for Rotherwick Parish information and sign up for Parish Alerts.